



AMAR SEVA SANGHA

Registered Office : Vill. & P.O.- Raine, Block- Kolaghat, Dist.- Purba Medinipur (W.B.) Pin Code- 721130

Regd. No. : S/21080 of 1977/78 ■ M.: 9432354816, 9903506960

e-mail : amar_seva@hotmail.com ■ website - www.amarsevasangha.org

N.G.O. :-

Charitable Dispensary, Cultural Development
Mahila Samity, Pisciculture, Relief, Social
forestry, Social Development Sports & Game,
Anandam Bridhabas

Affiliated to Nehru Yuva Kendra (Tamluk)

Service provider :-
The protection of women from
Domestic violence act, 2005

Govt. Approved Project :-

Rural Library, Old Age Home,
Mobile Medicare Unit,
Observation Home (Boyes).

CITY OFFICE : 1/3, DINU MASTER LANE * B.GARDEN * HOWRAH- 711103 (W.B) * Ph.- (033) 2678 1880

DETAILS OF KITCHEN LIKE MENUE , PHOTOGRAPH, ETC.

1. Size of kitchen . 210 Sqft
2. Refrigerator . 2 (Two) Piece
3. Gas Oven . 2 (Two) Piece
4. LPG Cylinder . 4 (Four) Piece
5. Fire Extinguisher .1 (One) Piece

DAILY MENU CHART FOR 2022-2023
(FOLLOWING THE SAME PROCESS MORE OR LESS FROM 2020-21)
"SENIOR CITIZENS HOME"

AMARS SEVA SANGHA
RAINE * KOLAGHAT * PURBA MEDINIPUR

DAY/TIME	7.30 am - 8.00 am	9.00 am - 9.30 am	12.30 pm - 1.30 pm	6.00 pm - 6.30 pm	8.00 pm -8.30 pm
MONDAY	Tea & biscuit	Puffed Rice & boild of gram & Potato	Rice, fried of potato, dal & vegetables (2 types)	Tea & biscuit	Puffed Rice/ hand bread & vegetables
TUESDAY	Tea & biscuit	Dalia	Rice, fish, dal, vegetables & chutney	Tea & biscuit	Puffed Rice/ hand bread & sweets
WEDNESDAY	Tea & biscuit	Puffed Rice & Potato fried	Rice, Egg curry & vegetables	Tea & biscuit	Puffed Rice/ hand bread & vegetables
THURSDAY	Tea & biscuit	Puffed Rice & brinjal chop	Rice, fried of potato, dal & vegetables (2 types)	Tea & biscuit	Dalia, vegetables & sweets
FRIDAY	Tea & biscuit	Puffed Rice & boild of pea & Potato	Rice, fish, dal, vegetables & chutney	Tea & biscuit	Puffed Rice/ hand bread & vegetables
SATURDAY	Tea & biscuit	Dalia	Rice, fried of potato, dal & vegetables (2 types)	Tea & biscuit	Puffed Rice/ hand bread & vegetables
SUNDAY	Tea & biscuit	Puffed Rice & soup of pea	Rice, fried of potato, fish, dal, vegetables, chutney, curd & sweets	Tea & biscuit	Puffed Rice/ hand bread & sweets

NB- a) Meat once in a month.
B) Menu may be changed depending upon circumstances for more betterment.

Babai Kisor Samanta
General Secretary
AMAR SEVA SANGHA

PHOTOGRAPH

Morning Tea (7.30Am to 8.00 AM)



Morning Breakfast (9.00 AM to 9.30 AM)



Lunch arrangement at Kitchen

Food, Without cover



Food, With Cover



Lunch at Dining Hall (12.30 PM to 01.30 PM)



Afternoon Tea & Biscuit (6.00 PM to 6.30 PM) Dinner (08.00PM to 08.30PM)



Bahai Kisor Samanta
General Secretary
AMAR SEVA SANGHA